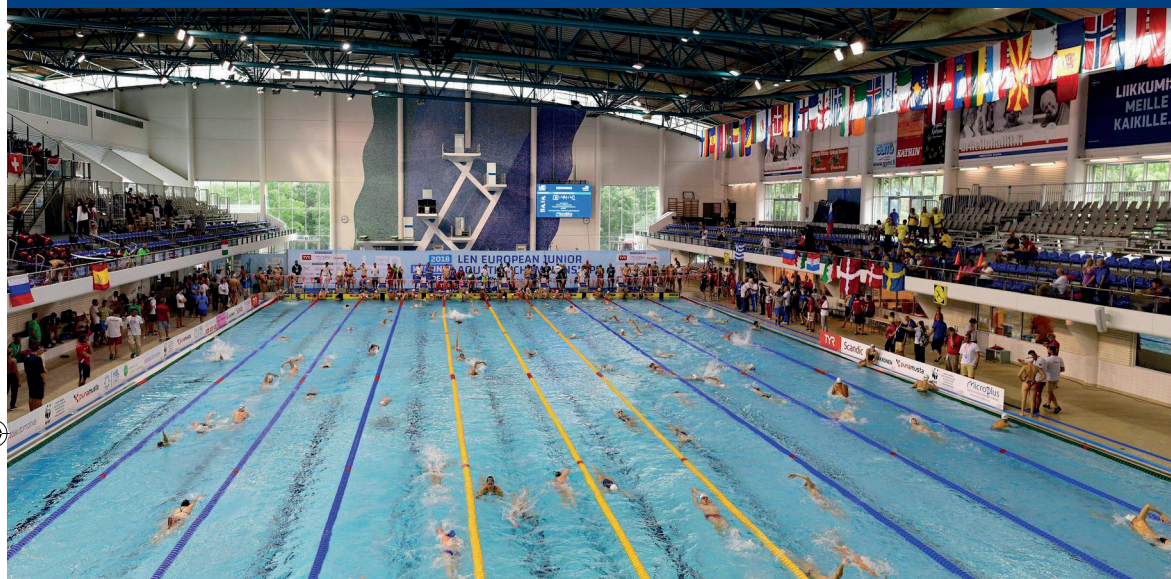


Helsinki SWIM MEET

1st – 2nd April 2019

HELSINKI, FINLAND



@ Mäkelänrinne Swimming Center

Venue of European Championships 2000 and 2006,
European Junior Championships 2010 and 2018

Total Prize Money 25.000 € | A and B Finals

Part of Nordic Swim Tour Helsinki | Bergen | Stockholm

helsinkimeet.fi | nordicswimtour.com

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UIMALIITTO
SIMFÖRBUNDET AQUATICS FINLAND

 EUROSPORT

Program & Prize Money

Medals		Best performers Open/Juniors
Gold	300 €	1st FINA-points 1.500 / 400 €
Silver	150 €	2nd FINA-points 1.000 / 200 €
Bronze	100 €	3rd FINA-points 500 / 100 €



DAY 1 Monday 1st April

Men	100 m	Free
Women	200 m	Free
Men	50 m	Breast
Women	100 m	Breast
Men	400 m	Indiv. Medley
Women	100 m	Fly
Men	100 m	Back
Women	50 m	Back
Men	200 m	Fly
Women	200 m	Indiv. Medley
Men	400 m	Free
Women	50 m	Free
Men	200 m	Breast
Women	200 m	Back
Men	50 m	Fly
Women	800 m	Free

9:00 FASTEST SEEDS HEATS

11:30 SLOW HEATS

16:45 B-FINALS

18:30 A-FINALS

DAY 2 Tuesday 2nd April

Women	100 m	Free
Men	200 m	Free
Women	50 m	Breast
Men	100 m	Breast
Women	400 m	Indiv. Medley
Men	100 m	Fly
Women	100 m	Back
Men	50 m	Back
Women	200 m	Fly
Men	200 m	Indiv. Medley
Women	400 m	Free
Men	50 m	Free
Women	200 m	Breast
Men	200 m	Back
Women	50 m	Fly
Men	800 m	Free

9:00 FASTEST SEEDS HEATS

11:30 SLOW HEATS

16:45 B-FINALS

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