



Polisen HEAD to Head 2019

- Date:** 19 – 20 October 2019
- Place:** Eriksdalsbadet, Hammarby Slussväg 20, Stockholm
- Pool:** 25 m (8 or 10 lanes depending on the nr. of starts)
- Times:** Session 1, Saturday 19 October, warm-up 08:00, competition start 09:00
Session 2, Saturday 19 October, warm-up 14:30, competition start 15:30
Session 3, Saturday 20 October, warm-up 08:00, competition start 09:00
Session 4, Saturday 19 October, warm-up 14:30, competition start 15:30
- Age-groups:** D: 11years and younger, C: 12 – 13 years, B: 14 – 15 years, A: 16 years and older
- Rules:** FINA's rules apply
- Application:** Write to tavling@polisensimning.se to get lenex file. For Swedish clubs Tempus.
Latest 7 October
- Limitations:** If sessions exceed 4 hours, we reserve the right to limit the number of starts per swimmer.
- Entry fee:** Individual start 75 kr, DNS 300 kr / start
- Late reg.:** latest 14 October, 120 kr / start
- Prices:** Top 3 swimmers in each age-group receive medals, winners get a price from HEAD.
- Results:** Published on LiveTiming.



Competition schedule

**Session 1,
Saturday 19 October, warm up 08:00,
competition start 09:00**

Gren		Klass	
1	200 m Medley Direktfinal	ladies	ABC
2	200 m Medley Direktfinal	men	ABC
3	100 m Butterfly Försök	ladies	ABC
4	100 m Butterfly Försök	men	ABC
5	50 m Backstroke Försök	ladies	ABC
6	50 m Backstroke Försök	men	ABC
7	100 m Breaststroke Försök	ladies	ABC
8	100 m Breaststroke Försök	men	ABC
9	50 m Freestyle Försök	ladies	ABC
10	50 m Freestyle Försök	men	ABC

**Session 2,
Saturday 19 October, warm up 14:30,
competition start 15:30**

Gren		Klass	
11	400 m Freestyle Direktfinal	ladies	ABC
12	400 m Freestyle Direktfinal	men	ABC
13	50 m Backstroke Direktfinal	ladies	D
14	50 m Backstroke Direktfinal	men	D
5	50 m Backstroke Final	ladies	ABC
6	50 m Backstroke Final	men	ABC
15	100 m Breaststroke Direktfinal	ladies	D
16	100 m Breaststroke Direktfinal	men	D
7	100 m Breaststroke Final	ladies	ABC
8	100 m Breaststroke Final	men	ABC

Prisutdelning

3	100 m Butterfly Final	ladies	ABC
4	100 m Butterfly Final	men	ABC
17	50 m Freestyle Direktfinal	ladies	D
18	50 m Freestyle Direktfinal	men	D
9	50 m Freestyle Final	ladies	ABC
10	50 m Freestyle Final	men	ABC

Prisutdelning



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**Session 3,
Sunday 20 October, warm up 08:00,
competition start 09:00**

Gren		Klass	
19	200 m Freestyle Direktfinal	ladies	ABC
20	200 m Freestyle Direktfinal	men	ABC
21	50 m Breaststroke Försök	ladies	ABC
22	50 m Breaststroke Försök	men	ABC
23	100 m Backstroke Försök	ladies	ABC
24	100 m Backstroke Försök	men	ABC
25	50 m Butterfly Försök	ladies	ABC
26	50 m Butterfly Försök	men	ABC
27	100 m Freestyle Försök	ladies	ABC
28	100 m Freestyle Försök	men	ABC

**Session 4,
Saturday 20 October, warm up 14:30,
competition start 15:30**

Gren		Klass	
29	100 m Medley Direktfinal	ladies	ABC
30	100 m Medley Direktfinal	men	ABC
31	50 m Breaststroke Direktfinal	ladies	D
32	50 m Breaststroke Direktfinal	men	D
21	50 m Breaststroke Final	ladies	ABC
22	50 m Breaststroke Final	men	ABC
33	100 m Backstroke Direktfinal	ladies	D
34	100 m Backstroke Direktfinal	men	D
23	100 m Backstroke Final	ladies	ABC
24	100 m Backstroke Final	men	ABC

Prisutdelning

35	50 m Butterfly Direktfinal	ladies	D
36	50 m Butterfly Direktfinal	men	D
25	50 m Butterfly Final	ladies	ABC
26	50 m Butterfly Final	men	ABC
37	100 m Freestyle Direktfinal	ladies	D
38	100 m Freestyle Direktfinal	men	D
27	100 m Freestyle Final	ladies	ABC
28	100 m Freestyle Final	men	ABC

Prisutdelning