

**SWIMMING FEDERATION OF LATVIA**
100th LATVIAN SWIMMING CHAMPIONSHIP**28th February – 2nd March 2025****INVITATION**

Swimming Federation of Latvia is pleased to invite you to participate in the **100th Latvian Open Swimming Championships – World Aquatics approved qualifying event**. The competition will take place in Riga (Kipsalas street 5, LV-1048, Riga, Latvia), 50 m 8-lane swimming pool with an electronic competition management and automatic timing equipment (Swiss Timing Ares21).

Competition program**Friday, 28th February**

Morning session, 10:00 (warm up 09:00-09:55)		Evening session, 17:00 (warm up 16:00-16:50)		
1	50m freestyle women	Preliminaries	50m freestyle woman	B & A Finals
2	50m freestyle men	Preliminaries	50m freestyle men	B & A Finals
3	100m breaststroke women	Preliminaries	100m breaststroke women	B & A Finals
4	100m breaststroke men	Preliminaries	100m breaststroke men	B & A Finals
	<i>Awarding ceremony LV</i>	<i>(1/2)</i>	<i>Awarding ceremony (11/1/2)</i>	
5	200m backstroke women	Preliminaries	200m backstroke women	Final
6	200m backstroke men	Preliminaries	200m backstroke men	Final
	<i>Awarding ceremony LV</i>	<i>(3/4)</i>	<i>Awarding ceremony (3/4)</i>	
7	100m butterfly women	Preliminaries	100m butterfly women	B & A Finals
8	100m butterfly men	Preliminaries	100m butterfly men	B & A Finals
	<i>Awarding ceremony LV</i>	<i>(5/6)</i>	<i>Awarding ceremony (5/6)</i>	
9	400m freestyle women	Slower heats	400m freestyle women	Fastest heat
10	400m freestyle men	Slower heats	400m freestyle men	Fastest heat
	<i>Awarding ceremony LV</i>	<i>(7/8)</i>	<i>Awarding ceremony (7/8)</i>	
11	4x100m medley relay mix	Timed final	12 4x100m freestyle relay women	Timed final
			13 4x100m freestyle relay men	Timed final
			<i>Awarding ceremony (9/10/12/13)</i>	

Saturday, 1st March

Morning session, 10:00 (warm up 09:00-09:55)		Evening session, 17:00 (warm up 16:00-16:50)		
14	200m freestyle woman	Preliminaries	800m freestyle women	Fastest heat
15	200m freestyle men	Preliminaries	200m breaststroke women	Final
16	200m breaststroke women	Preliminaries	200m breaststroke men	Final
17	200m breaststroke men	Preliminaries	100m backstroke women	B & A Finals
	<i>Awarding ceremony LV</i>	<i>(14/15)</i>	100m backstroke men	B & A Finals
			<i>Awarding ceremony (22/16/17)</i>	
18	100m backstroke women	Preliminaries	50m butterfly women	B & A Finals
19	100m backstroke men	Preliminaries	50m butterfly men	B & A Finals
	<i>Awarding ceremony LV</i>	<i>(16/17)</i>	<i>Awarding ceremony (18/19)</i>	
20	50m butterfly woman	Preliminaries	200m freestyle women	Final
21	50m butterfly man	Preliminaries	200m freestyle men	Final
	<i>Awarding ceremony LV</i>	<i>(18/19)</i>	<i>Awarding ceremony (20/21)</i>	
22	800m freestyle woman	Slower heats	400m medley women	Fastest heat
	<i>Awarding ceremony LV</i>	<i>(20/21)</i>	400m medley men	Fastest heat
			<i>Awarding ceremony (14/15)</i>	
23	400m medley women	Slower heats	25 4x100m medley relay women	Timed final
24	400m medley men	Slower heats	26 4x100m medley relay men	Timed final
			<i>Awarding ceremony (23/24/25/26)</i>	

**Sunday, 2nd March**

Morning session, 09:00 (warm up 08:00-08:55)			Evening session, 16:00 (warm up 15:00-15:50)		
27	100m freestyle women	Preliminaries	1500m freestyle men	Fastest heat	
28	100m freestyle men	Preliminaries	50m breaststroke women	B & A Finals	
29	50m breaststroke women	Preliminaries	50m breaststroke men	B & A Finals	
30	50m breaststroke men	Preliminaries	50m backstroke women	B & A Finals	
			50m backstroke men	B & A Finals	
	<i>Awarding ceremony LV</i>	<i>(27/28)</i>	<i>Awarding ceremony (35/29/30)</i>		
31	50m backstroke women	Preliminaries	200m butterfly women	Final	
32	50m backstroke men	Preliminaries	200m butterfly men	Final	
	<i>Awarding ceremony LV</i>	<i>(29/30)</i>	<i>Awarding ceremony (31/32)</i>		
33	200m butterfly women	Preliminaries	100m freestyle women	B & A Finals	
34	200m butterfly men	Preliminaries	100m freestyle men	B & A Finals	
	<i>Awarding ceremony LV</i>	<i>(31/32)</i>	<i>Awarding ceremony (33/34)</i>		
35	1500m freestyle men	Slower heats	200m medley women	Final	
	<i>Awarding ceremony LV</i>	<i>(33/34)</i>	200m medley men	Final	
			<i>Awarding ceremony (27/28)</i>		
36	200m medley women	Preliminaries	38 4x200m freestyle relay women	Timed final	
37	200m medley men	Preliminaries	39 4x200m freestyle relay men	Timed final	
	<i>Awarding ceremony LV</i>	<i>(36/37)</i>	<i>Awarding ceremony (36/37/38/39/TOP6)</i>		

Competition Procedure

This meet is a World Aquatics approved qualifying event.

This competition is certified generally in accordance with World Aquatics rules and under the event regulations of the Swimming Federation of Latvia.

The competition is held with **preliminaries** and **finals A and B** for the 50m, 100m individual events.

The competition is held with **preliminaries** and **final** for the 200m individual events.

The competition is held with **timed finals** for the 400m, 800m, 1500m individual and relay events and with the **fastest heat** swimming in the Evening session for the individual events.

!! If in 50m or 100m events only two heats (less than 17 participants) are entered, the B final is cancelled!!

!! If there is only one heat (less than 9 participants) entered the timed final is moved to the evening session!!

!! There will be a maximum of 4 foreign swimmers permitted to qualify to each of the finals when sufficient number of national swimmers are entered in event!!

All swimmers must make registration before the heats of the event in the call room, otherwise the disqualification will be applied accordingly (mark 'DSQ' in the official results). Penalty fee for not starting the race (mark 'DNS' in the official results) – EUR 20,00 for the individual event and EUR 40,00 for the relay event.

The 2 substitute swimmers (reserves) for the finals are announced or published and they must arrive at call room before the final, otherwise the penalty fee of EUR 10,00 will be applied in case of not starting the appointed race (mark 'DNS' in the official results).

Withdrawals from finals or reserves must be submitted to the official desk of the competition within 30 minutes after the announcement or publication of the results for the preliminary heats.

The swimmer shall observe warm-up rules, in case of the athlete's non-compliance with the warm-up rules, the disqualification from competition may be applied accordingly (mark 'DSQ' in the official results).

Deposit in case of protest is EUR 50,00.



Entries

Preliminary Entry Form to be received by the Swimming Federation of Latvia **by the 24th of January 2025**.

Final Entries including all individual and relay named entries should be submitted using the Online Entry System that can be found on the address: <https://www.swimrankings.net/manager/>.

By default technical entry times for an individual and relay events will be based on information from the European Swimming Federation (LEN) rankings database and other World Aquatics members' competition results that are achieved in open competition fifteen (15) months prior to the entry deadline date of the competition and can be found in the database of the Online Entry System.

Entry Reports from the Online Entry System must be sent by the team representative and received by the Swimming Federation of Latvia **by midnight on 21st of February 2025** by e-mail to the address: info@swimming.lv indicating in the e-mail subject the name of the meet and the team.

The entries are considered as received after the sender has got the confirmation e-mail (reply). If the entries have not being sent through the national swimming federation those may be considered accepted after receiving the confirmation from the national swimming federation (World Aquatics member).

All names and surnames for all the team representatives must be sent by e-mail together with the Entry Report to the e-mail address: info@swimming.lv.

Withdrawals from the competition concerning the starting fees can be made **till 20:00 o'clock on the 24th of February 2025**.

Last corrections for entries should be submitted before the competition to the e-mail address: info@swimming.lv or during the competition to the official desk:

- **Substitution** of swimmer in individual event can be made till 20:00 o'clock on the 26th of February 2025 (substituted swimmers participation in the competition will be canceled).
- **Substitution** of swimmer in relay event should be submitted no later then 30 minutes before the start of the session in which the race takes place or because of medical reasons before event has been started (substituted swimmer will be withdrawn from the further participation in the competition).
- **Withdraw** of swimmer from event before it has been started.

By submitting the entries, the represented organization confirms the all participants' eligibility of their health conditions and ability of all entrants to take part in competition, and takes the full responsibility of their health insurance, accommodation, catering and travel or other expenses.

Starting fees

ORGANIZERS WILL COVER STARTING FEES AND PROVIDE ACCOMODATION IN OFFICIAL HOTEL FOR MEDALISTS AND FINALISTS OF LAST EUROPEAN, WORLD CHAMPIONSHIPS AND OLYMPIC GAMES. OTHER EXPENSES ARE SUBJECT TO AGREEMENT.

Entry fee of EUR 14,00 for each individual event and EUR 28,00 for each relay event shall be paid by 26th February 2025 using bank transfer. Verification of the payment shall be provided at the venue if requested.

Late entries will be accepted up until the 26th February at the cost of EUR 28,00/event and only if there is free place available.



World Aquatics Approved Swimming Qualifying Event

SWIMMING FEDERATION OF LATVIA 100th LATVIAN SWIMMING CHAMPIONSHIP

28th February – 2nd March 2025



Awards

The winner of every individual event will be awarded with **EUR 50,00 cash prize**.

Three best swimmers in every individual event and three best teams in every relay event will be awarded with medals of the competition.

The separate awarding ceremony for Latvian swimmers only will be held in the morning sessions.

Information

Mrs. Alona Fokina

e-mail: alona.fokina@swimming.lv

Phone:+37126084474

Accommodation and Meals

Islande Hotel (100m from venue)

Single room: EUR 60,00 per night (breakfast included)

Twin room: EUR 65,00 per night (breakfast included)

For accommodation and meals assistance please contact with us as soon as possible but not late than 15th of February 2025. We will ensure you with all necessary information about accommodation and travel possibilities.

We will be happy to welcome you in Riga

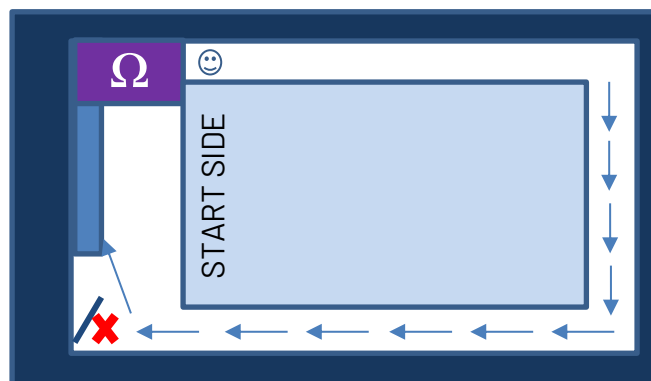
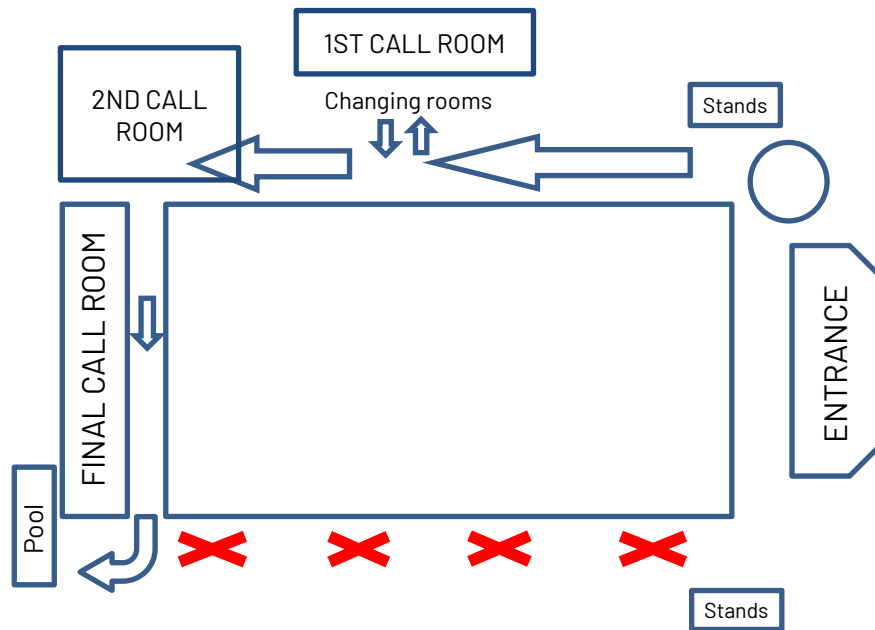
Sincerely,
Alona Fokina
/President of Swimming Federation of Latvia/

GENERAL INFORMATION

	WARM UP	STARTS
Friday, Heats	09.00-09.55	10.00
Friday, Finals	16:00-16:50	17.00
Saturday, Heats	09.00-09.55	10.00
Saturday, Finals	16:00-16:50	17.00
Sunday, Heats	08.00-08.55	09.00
Sunday, Finals	15:00-15:50	16:00

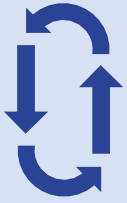
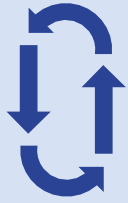




Please take into account:

1. There will be three call room zones (see below);
2. Participants must arrive early in the 1st call room zone and follow the instructions of the Officials;



WARM-UP GUIDELINES

1. Lane one (8) will be used for BACKSTROKE and DIVE STARTS ONLY (one-way direction). Backstroke ledges will be available.
2. Lane eight (1) will be used for DIVE START ONLY (no more than 20m at the maximum speed / two-way direction).
3. 2-7 lanes in the Pool are CIRCLE SWIMMING ONLY. There is NO DIVING IN CIRCLE SWIMMING LANES, entry is feet first.
4. Thirty (30) minutes before the end of the warm-up, lane seven (7) can be used for 25m, 50m or 100m sprints.

8	7	6	5	4	3	2	1
BACK STROKE STARTS ↑						SPRINT LANE  (until 30 min.)	DIVE START (20 m) ↓↑
8	7	6	5	4	3	2	1

5. No other equipment than a kickboard or pull buoy is allowed in the Competition Pool (e.g. no paddles, no fins, no rubber bands, no parachutes, etc.).
6. Athletes' clothing will NOT be taken from the starting place during the competition.
7. During the morning session after finishing the heat, the swimmer must stay in the pool until the start signal for the next heat is given.
8. Athletes must get out of the water through the sides of the swimming pool. Getting out over the start/finish of the pool's edge is PROHIBITED.
9. Please familiarize yourself with the plan of the pool, which shows the meeting point of the participants (call rooms), the medal ceremony place, the competition secretary, and the directions of movement.
10. First aid is provided by contacting the lifeguard near THE SECRETARY.

Online streaming and results are available at www.swimming.lv

Facebook: [LATswimming](#)

Instagram: [swimlatvia](#)