

# Swimming

**Date of competition: August 5-7, 2025**

## 1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical Director	
Head Referee	
Member of ICG TC	

## 2. VENUE

KalevSpa

## 3. IDENTIFICATION

All swimmers must show their accreditation card to the referee before competing.

Without this card, the swimmer will not be allowed to compete.

**NO EXCEPTIONS.**

## 4. COMPETITION INFORMATION

- Swimmers may compete in 4 events and 2 relays.
- There will be the following competitions:
  - 50m, 100m, 200m, 400m Freestyle
  - 50m, 100m, 200m Backstroke
  - 50m, 100m, 200m Breaststroke
  - 50m, 100m, 200m Butterfly
  - 200m Individual Medley
  - 4 x100m Freestyle Relay
  - 4 x100m Medley Relay
  - 4x100m Mixed Medley Relay (2 Boys and 2 Girls)
- Each city may enter a maximum of 4 boys and 4 girls and a minimum of 4 swimmers.
- Cities can enter a maximum of 2 swimmers per event.
- **Swimmers must supply personal best performance times for each event during registration process for a proper seed of heats and lanes. It is the responsibility of cities also, to provide times for the relay events for the same purposes.**
- The pool is an indoor 50m 8 lanes facility & warm-ups will be arranged each day, before the heats and finals begin.

- Electronic timing and lane display scoreboard will be in use.
- One coach per city is allowed.

## 5. COMPETITION RULES

- The meet will take place according to World Aquatics and ICG rules.
- Racing suits are required for all competitors. Swimwear must comply with current World Aquatics regulation.
- During warm-up no dives or jumps are allowed unless in designated lanes opened up by the officials or meet director.
- Athletes will be provided with full pool access for warm up at least 30 minutes prior to the first race commencing.
- All events will have one final only.
- **There will be no B Finals.** (this Technical Commission decision was based on feedback from cities and coaches, that the swim programme was too long as it stood.)

## 6. TRAINING SCHEDULE

- Training times will be available at the sport facility on August 4th, 2025.
- Training schedule will be posted on the website.
- The World Aquatics website [www.worldaquatics.com](http://www.worldaquatics.com) provides a copy of the latest WA Constitution, Laws and Regulations for competition.

## 7. TECHNICAL MEETING

- A Technical meeting for all coaches will be held on August 4th, 2025.
- Time and venue will be provided upon arrival.

## 8. TIMETABLE / COMPETITION SCHEDULE

DAY 1 <b>Morning</b> Session 1			
No.	Gender	Event	Round
1	Girls	400m Freestyle	Prelims
2	Boys	400m Freestyle	Prelims
3	Girls	50m Butterfly	Prelims
4	Boys	50m Butterfly	Prelims
5	Girls	100m Backstroke	Prelims
6	Boys	100m Backstroke	Prelims
7	Girls	100m Breaststroke	Prelims
8	Boys	100m Breaststroke	Prelims
9	Girls	100m Freestyle	Prelims
10	Boys	100m Freestyle	Prelims

DAY 1 <b>Afternoon</b> Session 2			
No.	Gender	Event	Round
1	Girls	400m Freestyle	Finals
2	Boys	400m Freestyle	Finals
3	Girls	50m Butterfly	Finals
4	Boys	50m Butterfly	Finals
<b>Medal ceremony - 400m Freestyle, 50m Butterfly</b>			
5	Girls	100m Backstroke	Finals
6	Boys	100m Backstroke	Finals
7	Girls	100m Breaststroke	Finals
8	Boys	100m Breaststroke	Finals
9	Girls	100m Freestyle	Finals
10	Boys	100m Freestyle	Finals
11	Girls	4x100m Freestyle Relay	Finals
12	Boys	4x100m Freestyle Relay	Finals
<b>Medal ceremony - 100m Backstroke, 100m Breaststroke, 100m Freestyle, 4x100m Freestyle Relay</b>			

DAY 2 Morning Session 3			
No.	Gender	Event	Round
13	Girls	200m Freestyle	Prelims
14	Boys	200m Freestyle	Prelims
15	Girls	50m Backstroke	Prelims
16	Boys	50m Backstroke	Prelims
17	Girls	200m Butterfly	Prelims
18	Boys	200m Butterfly	Prelims
19	Girls	50m Freestyle	Prelims
20	Boys	50m Freestyle	Prelims
21	Girls	50m Breaststroke	Prelims
22	Boys	50m Breaststroke	Prelims
23	Girls	200m Individual Medley	Prelims
24	Boys	200m Individual Medley	Prelims

DAY 2 Afternoon Session 4			
No.	Gender	Event	Round
13	Girls	200m Freestyle	Finals
14	Boys	200m Freestyle	Finals
15	Girls	50m Backstroke	Finals
16	Boys	50m Backstroke	Finals
Medal ceremony - 200m Freestyle, 50m Backstroke			
17	Girls	200m Butterfly	Finals
18	Boys	200m Butterfly	Finals
19	Girls	50m Freestyle	Finals
20	Boys	50m Freestyle	Finals
Medal ceremony - 200m Butterfly, 50m Freestyle			
21	Girls	50m Breaststroke	Finals
22	Boys	50m Breaststroke	Finals
23	Girls	200m Individual Medley	Finals
24	Boys	200m Individual Medley	Finals
Medal ceremony - 50m Breaststroke, 200m IM			
25	Girls	4x100m Medley Relay	Finals
26	Boys	4x100m Medley Relay	Finals
Medal ceremony - 4x100 Medley Relay			

DAY 3 Morning Session 5			
No.	Gender	Event	Round
27	Girls	200m Backstroke	Prelims
28	Boys	200m Backstroke	Prelims
29	Girls	200m Breaststroke	Prelims
30	Boys	200m Breaststroke	Prelims
31	Girls	100m Butterfly	Prelims
32	Boys	100m Butterfly	Prelims
30 min Pause & Warmup >>> Finals			
27	Girls	200m Backstroke	Finals
28	Boys	200m Backstroke	Finals
29	Girls	200m Breaststroke	Finals
30	Boys	200m Breaststroke	Finals
31	Girls	100m Butterfly	Finals
32	Boys	100m Butterfly	Finals
33	MIXED	4x100m Medley Relay	Finals
Medal ceremony - 200m Backstroke, 200m Breaststroke			
100m Butterfly, 4x100 Mixed Medley Relay			

## 9. DISPUTES

- Any disputes will be resolved in accordance with World Aquatics rules and the clauses included in the ICG Rules.
- Any official Protest will be referred to the Protest Committee according to the ICG Rules.

## 10. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times
- Heads of Delegation, athletes and coaches will be excluded from the Games for indecent behaviour, abusive language etc.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

## 11. PRESENTATION OF MEDALS

### **Individual Competitions:**

GOLD – for swimmers ranking 1st

SILVER – for swimmers ranking 2nd

BRONZE – for swimmers ranking 3rd

### **Team competitions:**

GOLD – for team ranking 1st

SILVER – for team ranking 2nd

BRONZE – for team ranking 3<sup>rd</sup>

- Swimmers must wear their team uniform or tracksuit for the ceremony
- No flags of any type, city or country, will be allowed to be on display at the Medal Ceremony.
- No medals will be awarded to coaches.
- Medal presentations will be made at the designated times as per the schedule.
- Coaches are requested to assist in ensuring swimmers are readily available and correctly dressed for the medal presentation.

## 12. MEDICAL

A first aid service will be available on site

A full Medical Service will be available at one of the hospitals in Tallinn.

## 13. SPECIAL NOTE

No changes can be made to this ICG Technical Handbook without the consent of the ICG