



Nordic Open Masters Championships

10th - 11th of October 2025

Tallinn, Estonia



TIME AND PLACE 10th - 11th of October 2025. The competition will take place in Tallinn, Kalev Spa Waterpark (Aia 18, 10111, Tallinn), 25 m 8-lane swimming pool with an electronic competition management and automatic timing equipment.

ORGANISERS Estonian Swimming Federation (EUL) in cooperation with Kalevi Ujumiskool

PROGRAM Friday, 10th of October - Session 1: Warm-Up: 15:30-16:20 / Starts: 16:30
Saturday, 11th of October - Session 2: Warm-Up: 08:30-09:20 / Starts: 09:30
Saturday, 11th of October - Session 3: Warm-Up: 15:00-15:50 / Starts 16:00

RULES The competition will be organised based on the World Aquatics Competition Rules, NSF Competition Rules and Competition Invitation. Any issues not covered in the guidelines will be resolved by the Referee.

ENTRIES Entries are made either:

- 1) in swimranking.net Entry Manager system
- 2) by sending an [excel](#) entry form
- 3) by sending an entry [file](#) (LENEX)

Please send the entry files to nordic2025@swimming.ee no later than 01.10.2025. Late entries and withdrawals can be made until 05.10.2025 12:00 (GMT+3). Start lists will be issued no later than 24 hours before the start of the competition. The names for relay swimmers must be submitted in writing to the competition secretariat no later than 30 minutes before the session. **By submitting the entries, the competitor confirms that they are medically fit to compete and assume full responsibility for their health insurance, competition fees, accommodation, catering, travel, and other related expenses.**

PARTICIPATION Competition is open to all licensed masters swimmers (25 years of age and above) and pre-masters swimmers (20-24 years of age). Participants must be members of a swimming club of a National Federation affiliated with World Aquatics. The age of competitors is determined by December 31st 2025.

AGE GROUPS Individual events:
Pre -masters: 20-24; A: 25 - 29; B: 30 - 34; C: 35 - 39; D: 40 - 44; E: 45 - 49; F: 50 - 54; G: 55 - 59; H: 60 - 64; I: 65 - 69; J: 70 - 74; K: 75 - 79; L: 80 - 84; M: 85 - 89; N: 90 - 94; O: 95 - older
Relay events:
Pre-masters: 80-96; A: 100 - 119; B: 120 - 159; C: 160 - 199; D: 200 - 239; E: 240 - 279; F: 280 - 319; G: 320 - 359; H: 360 - older



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COMPETITION PROGRAM

Friday, October 10 th Session 1		Saturday, October 11 th Session 2		Saturday, October 11 th Session 3	
1/2	50 m Butterfly W/M	13/14	100 m Freestyle W/M	25	4x50 m Medley MIX
3/4	400 m Freestyle W/M	15/16	50 m Breaststroke W/M	Break 5 minutes	
5/6	100 m Breaststroke W/M	17/18	100 m Butterfly W/M	26/27	100 m Backstroke W/M
7/8	50 m Backstroke W/M	19/20	100 m IM W/M	28/29	200 m Breaststroke W/M
9/10	200 m Butterfly W/M	Break 5 minutes		30/31	50 m Freestyle W/M
Break 5 minutes		21/22	4x50 m Medley Relay W/M	32/33	400 m IM W/M
11/12	4x50 m Freestyle W/M	Break 5 min		Break 5 minutes	
		23/24	800 m Freestyle W/M	34	4x50 m Freestyle MIX

AWARDS

NSF medals are awarded to swimmers and teams who finish first, second and third in each age group and discipline. Medals can be collected from the information desk, which is located in the lobby of the Kalev Spa Waterpark entrance.

STARTING FEE

Individual event: 15€/start (late entry 25€/start), relay event: 20€/per team (late entry 30€/per team). The invoice will be issued according to the 05.10.2025 entry list. **Starting fees must be paid by 9th of October.**

ACCREDITATION FEE

Accreditation card is automatically generated for all the competitors based on entries. The accreditation fee 10€ per swimmer will be added to the starting fee invoice. Accreditation card allows to use all the competition's discounts and benefits.

CLUB REPRESENTATIVE

Each club must report a contact person to [preliminary form](#). Accreditation cards and gift bags have to be collected before the competition preferably by the club representative from the information desk, which is located in the lobby of the Kalev Spa Waterpark entrance.

TRAINING

Kalev Spa Waterpark is open for training prior the competition. Check pool availability - [HERE](#), pricing information - [HERE](#). **Participants accommodated at Kalev Spa Hotel are granted unlimited access to the water park throughout their stay.**

KEY DATES

05.09.2025 [Preliminary form](#)

05.09.2025 Accommodation deadline (check accommodation offers below)

01.10.2025 Final entry

09.10.2025 Payment date



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FAREWELL PARTY

Party takes place on Saturday, the 11th of October at 20:00 in pub Kochi Aidad, located Lootsi street 10, Tallinn. Farewell party includes main course, dessert, welcome drink and of course live band. Additional information and registration in September.

ACCOMMODATION

Special prices for participants are available:

- **Official accommodation partner is Kalev Spa Hotel. Located in the same building, direct entry from hotel to pool. Only limited places available!**
- Original Sokos Hotel Viru
- Park Inn Central

HOTEL	SINGLE	DOUBLE	TRIPLE	QUADRUPLE	MEALS	DEADLINE	BOOKING
Prices are per room/per night (breakfast incl.)							
Kalev SPA Hotel 10.10-12.10	116€	139€	170€	205€	22€	05.09.25	CODE: NMASTERS25 https://www.kalevspa.ee Meals: kalevspa@kalevspa.ee
Kalev SPA Hotel 09.10-10.10 12.10-13.10	105€	121€	140€	160€	22€	05.09.25	CODE: NMASTERS25 https://www.kalevspa.ee Meals: kalevspa@kalevspa.ee
Original Sokos Hotel Viru	95€	105€			20€	01.10.25	Additional information
Park Inn Central	65€	75€	100€	130€	21€	09.09.25	CODE: Nordic masters 25 Booking and meals: estonia.events@parkinn.com About the hotel

CONTACTS

General questions relating competition - Kristiina Arusoo, masters@swimming.ee

Regarding entries or withdrawals - Roger Krinpus, nordic2025@swimming.ee

Accommodation and other questions - Pille Aule, pille@swimming.ee



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